

Manifest Your Desires: The 3-6-9 Principle

To bring your intentions into reality, practice the 3-6-9 principle for 30 days. Repeat your desired outcome three times in the morning, six times in the afternoon, and nine times at night. This consistent repetition helps align your thoughts with the vibrational frequency of your vision, facilitating its manifestation.

Write down your goal: _____

Write the affirmation to achieve your goal 3 times each morning.

Write the affirmation to achieve your goal 6 times each afternoon.

Write the affirmation to achieve your goal 9 times each evening / night.
